

BURROWS LEA WELLNESS TALKS

at Harry Edwards Healing Sanctuary , Burrows Lea, Shere, GU5 9QG

Thursday 2nd May 2019
2pm - 4pm

MAKE YOUR SUMMER STRESS FREE WITH ESSENTIAL OILS

We will look at both single Essential Oils and Essential Oil blends that can be used in a variety of lovely natural products to make sure that you and your family can enjoy summer without any niggles from allergies, bites, overheating and travel sickness.

- * Natural hay fever and seasonal allergy solutions
- * Essential Oils as insect repellents
- * Bites & Stings—skin calming remedies
- * Calming skin salves for too much sun
- * Cooling oils for overheating
- * Travel sickness blends
- * Relaxing oils for a stress free summer
- * Holiday essential oil first aid kit ideas

We will make up a product together for you to take home

Places are limited and so please contact Carolyn Low on 01483 203540 or email Carolyn.graeme@hotmail.co.uk if you wish to attend. There is no charge for this event but donations are much appreciated.

