

# Aims & Objectives

As healers, we believe that Healing should be available to all; to be an easy, pleasant, uplifting and calming experience.

Our aim is to make Healing available to the public in a variety of environments in an effective, safe and appropriate manner.

The objective of the Healing Awareness Week, being held during the first week of May, is tri-fold:

- To raise funds for Healing charities through public donations
- To raise awareness of the benefits Healing can bring
- Make Healing more accessible to the wider public and promote healing centres in all localities



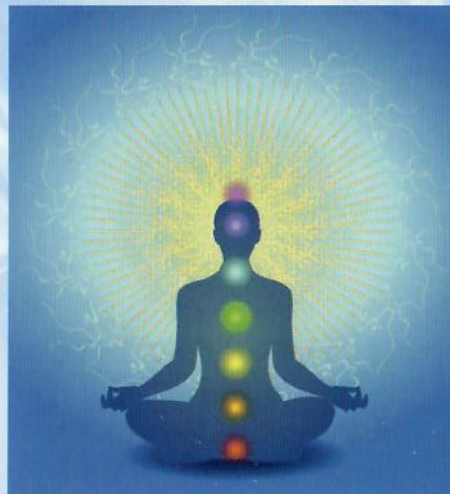
# What is Healing?

It is believed by many healers that all living things are connected by a web of invisible energy. When this energy field becomes disrupted or out of balance, illness or disease may become a manifestation of that imbalance.

Using a form of focused intention, healers believe that they channel energy through to the recipient so that it may be used for the mind, body, spirit or emotions, to redress imbalance and bring about a sense of wellbeing.

Healing is a complementary therapy, available to work alongside or in combination with traditional medical practices and the medical profession.

All healers believe they are a conduit for healing energy, channelling it from something greater than themselves. This does not mean that Healing requires faith or belief from the recipient, other than an open mind and acceptance of the healing energy being transferred.



# How Healers work?

Accredited / Registered healers have been taught to a very high standard and work to a strict Code of Conduct, safeguarding both patients and healers.

Many healers actively promote co-operation between themselves and the traditional medical profession, bringing a greater choice of options of healing to patients.

Healers impart healing energy by direct contact or over a distance to people, animals, plants or any other living thing. Relationships, places and situations such as conflict, can all receive healing.

Healing is generally offered in the following ways:

## Contact Healing

Where the healer seeks permission to place their hands on the patient/client, whilst ensuring there is no cause for embarrassment or discomfort to all concerned.

## Distant Healing

Where healing is sent by the power of thought to someone who can be physically present but does not want Contact Healing.

## Absent Healing

Where the patient/client is not physically present so therefore healing thoughts are extended to them through the power of thought and visualisation.

## Want to learn more?

Healing energy is believed to influence the mental, emotional and physical nature of a person's being.

### Some benefits of Healing:

- Creates deep relaxation and aids the body to release stress and tension
- Aids better sleep
- Helps spiritual growth and emotional clearing
- It accelerated the body's self-healing abilities

If you want to discover how Healing can bring you rebalance and improved health and wellbeing, you can:

- Attend healing days, talks or meditation sessions
- Join in a coffee morning and find out how Healing has impacted others
- Contact your local Registered Healer to discuss your needs
- Find your local Healing Centre to see what's available

Alternatively, you can contact one of our leading healing organisations who will put you in touch with your local Registered Healer and provide you with further information about healing and events.

## The Confederation of Healing Organisations

Advancing the practice of Healing

**The Confederation of Healing Organisations**

[www.the-cho.org.uk](http://www.the-cho.org.uk)

E-mail: [events@the-cho.org.uk](mailto:events@the-cho.org.uk)

Telephone: 0300 302 0021



**UK Healers**

[www.ukhealers.info](http://www.ukhealers.info)

E-mail: [admin@ukhealers.info](mailto:admin@ukhealers.info)

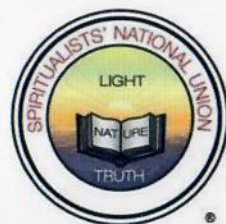


**British Alliance of Healing Associations**

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**The Spiritualists' National Union**

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# HEALING Awareness WEEK 2019

MON 6TH  
TO  
SUN 12TH  
MAY

Open to everyone, Healing Awareness Week aims to promote the benefits Healing can bring as well as making Healing more accessible to the wider public



Follow us on social media for latest 2019 Healing Awareness updates!